



Welcome to Unwind Spa

Inspired by natural Thai healing, Unwind Spa by The Senses Resort features four treatment suites with a full service of natural care.

欢迎来到 安稳水疗中心

灵感来自于泰式自然疗愈，The Senses Resort的安稳水疗中心具有四间治疗套房以及全面的自然护理服务。

Operation Hours

10.00 - 22.00 hrs.

工作时间

上午10点至晚上10点



Cancellation Policy

If you need to reschedule or cancel your reservation, we require 4 hours prior notice to avoid being charged the full price for your treatment.

撤销[注册] 规定

如果您需要更改或取消您的预订，我们需要4小时前通知以避免被收取全价给您治疗。

Check in Policy

Please arrive at least 15 minutes prior to your schedule reservation. This allows time for leisurely check-in, complete Health Assessment Form, and a few moments to relax and enjoy our facilities. To keep the serenity of the spa, we ask that you turn off your cellular phone upon arrival.



政策检查

请在预定时间之前15分钟到达。这允许时间为悠闲的入住，完整的健康评估形式，和一些时刻放松和享受我们的设施。为了保持水疗中心的宁静，我们要求您在到达时关掉手机。

+

Unwind Massage Therapies 安稳按摩治疗



Anti-Stress Back, Neck & Shoulder Massage

This massage focuses on the stress back, neck & shoulder, it helps to release tight muscles and relieve stress tension.

890.- / 60 min.

缓解背部、头颈部及肩部压力按摩

这种按摩的重点是强调背部、颈部和肩部，它有助于释放紧张的肌肉和缓解压力。

890 泰珠 / 60 分钟

Relaxing Foot Massage

Soothe your soul with acupressure that is applied on your feet that correspond to all parts of your body and organs, This Massage assists the relief of stress, tension and revives the tired feet.

890.- / 60 min.

+

足部放松按摩

应舒缓按摩在您的脚底，对应于您的身体和器官的所有部分，这种按摩有助于缓解压力、紧张、消除脚部疲劳。

890 泰珠 / 60 分钟

Traditional Back Massage

This massage focuses on the stress back, neck & shoulder, it helps to release tight muscles and relieve stress tension.

890.- / 60 min.

背部按摩

这种按摩的重点是强调背部、颈部和肩部，它有助于释放紧张的肌肉和缓解压力。

890 泰珠 / 60 分钟

+

*Excluding discounted cards of 20%

All prices are in Thai Bath and are inclusive of 10% service charge and applicable 7% government tax
所有泰浴价格已包含10%的服务费以及7%的政府税

+

Unwind Massage Therapies 安稳按摩治疗



Traditional Thai Massage 80 min.

(Steam 20 min + Thai Massage 60 min)

Traditional Thai style massages using pressure point techniques, muscle stretching and rhythmic movements of gentle rocking to reduce stress and muscle aches.

890.- / 80 min.

泰国传统按摩

泰国传统按摩使用按摩点按压的技术，肌肉伸展和韵律性动作轻柔的摆动来减轻压力和肌肉疼痛。

890 泰珠 / 80 分钟

Senses Aromatherapy Massage 75 min.

Stimulate your senses and let your stress flow away with massage oil. This massage is wonderful to help to rebalance your energy mind and soul. Gentle and replaying massage for full body, using the palms, knuckles and hand heels to relieve sore muscles. Use coconut oil serum.

1,190.- / 75 min.

感能香薰按摩

刺激您的感觉以及让您的压力由按摩油而纾解。这种按摩是奇妙的有助于重新平衡您的精力和灵魂。温柔重放地全身按摩，用手掌，手指和手的高跟鞋来缓解肌肉痛

1,190 泰珠 / 75 分钟

Deep Tissue Massage 80 min.

A deeply full body massage helps to promote recovery for strained muscles, alleviate stress, improves flexibility and increase blood flow. Prefect for sport enthusiasts and sufferers of tension.

1,190.- / 80 min.

+ 深层组织按摩

全身按摩有助于促进肌肉紧张、缓解压力、提高柔韧性、增加血液流量。适合体育爱好者和焦虑症患者。

1,190 泰珠 / 80 分钟

+

Unwind Massage Therapies 安稳按摩治疗

Unwind Oriental Massage

(Thai Massage + Oil)

Deeply therapeutic treatment is perfect to relax and boost the psyche.

1,390.- / 80 min.

A luxurious blend of traditional Thai massages technique and Swedish massage.

Designed to rejuvenate the body and mind.

安慰东方按摩

深度治疗是很适合放松和提高精神，也是一种豪华的融合了传统的泰式按摩技术和瑞典式按摩，为了恢复身体和心灵的活力。

1,390 泰珠 / 80 分钟

+

+

All prices are in Thai Bath and are inclusive of 10% service charge and applicable 7% government tax
所有泰浴价格已包含10%的服务费以及7%的政府税



+ The Senses Body Scrub 感能身体磨砂

Coffee & Honey Cream Scrub

(Strem 20 min + Scrub 40 min)

An efficient exfoliating scrub which invigorates your sense and remove skins impurities. It helps to decrease the formation of cellulite when the coffee is applied to the surface of skin.

790.- / 60 min.

咖啡和蜂蜜霜磨砂

一个有效的去角质磨砂膏，使您精力充沛和清除皮肤中的杂质。它有助于减少脂肪的形成。

790 泰珠 / 60 分钟

Senses Salt Scrub

(Strem 20 min + Scrub 40 min)

+ Exfoliates scrub that eliminates the impurities, improves blood circulation and hydrates your skin. Senses salt scrub will bring a healthier glow to your skin. Leaving skin cleanse, soother and promote skin's freshness and softness.

790.- / 60 min.

感能盐磨砂

去角质磨砂膏:去除杂质、改善血液循环和滋润您的皮肤。感能盐磨砂会给您的皮肤带来更健康的光泽。让肌肤洁净、舒缓并促进肌肤的新鲜度和柔软度。

790 泰珠 / 60 分钟

The Senses Body Wrap 感能身体裹

Thai Clay Mask

(Strem 20 min + Mask 40 min)

The natural Thai white clay called "Din Sor Pong". To reduce the skin's irritation and moisturize your skin, it contains the minerals and energy that the defense mechanism needs; it detoxifies the body of pollutant.

790.- / 60 min.

+ 泰泥膜

泰国天然白粘土叫 "Din Sor Pong"，为了减少皮肤的刺激和滋润您的皮肤，它含有防御机制需要矿产和能源；它还能给身体把污染物去毒。

790 泰珠 / 60 分钟

All prices are in Thai Bath and are inclusive of 10% service charge and applicable 7% government tax
所有泰浴价格已包含 10% 的服务费以及 7% 的政府税



Unwind Spa Package 安慰水疗中心套餐

- S1. Body Scrub 30 min + Back Neck Shoulder Massage 40 min 950.- / 70 min.
身体磨砂 30 分钟 + 背颈肩部按摩 50 分钟 950 泰珠 / 80 分钟
- S2. Back Neck Shoulder Massage 40 min + Relaxing Foot Massage 30 min 950.- / 70 min.
背颈肩部按摩 50 分钟 + 放松足部按摩 30 分钟 950 泰珠 / 80 分钟
- S3. Traditional Thai Massage 60 min + Relaxing Foot Massage 30 min 1,260.- / 90 min.
传统泰式按摩 60 分钟 + 放松足部按摩 30 分钟 1,260 泰珠 / 90 分钟
- S4. Body Scrub 30 min + Traditional Thai Massage 60 min 1,360.- / 90 min.
身体磨砂 30 分钟 + 传统泰式按摩 60 分钟 1,360 泰珠 / 90 分钟
- S5. Senses Aromatherapy Massage 60 min + Thai Facial Massage 30 min 1,570.- / 90 min.
感官香薰按摩 60 分钟 + 泰式面部按摩 30 分钟 1,570 泰珠 / 90 分钟
- S6. Herbal Steam Room 20 min + Deep Tissue Massage 80 min + 1,690.- / 100 min.
草药蒸汽室 20 分钟 + 深层组织按摩 80 分钟 + 1,690 泰珠 / 100 分钟
- S7. Romance Journey Package 4,850.- / 120 min
Body Scrub 30 min + Senses Aromatherapy Massage 60 min (2 person)
+ Milk Bath 30 min
浪漫之旅套餐 4,850 泰珠 / 120 分钟
身体磨砂 30 分钟 + 感官香薰按摩 60 分钟 + 牛奶浴 30 分钟 (2 个人)

*Excluding discounted cards of 20%

All prices are in Thai Bath and are inclusive of 10% service charge and applicable 7% government tax
所有泰浴价格已包含 10% 的服务费以及 7% 的政府税

+

Facial Treatment 面部治疗

Deep Hydrating Thai Facial

This refreshing treatment utilizes the natural active ingredients. Help to improve and restore circulation to facial skin layer, increasing the flow of oxygen-enriched blood to skin cell. You can choose tomato, cucumber and white clay filler

790.- / 60 min.

泰国面部深层保湿

这种清爽的治疗是利用天然活性成分，有助于改善和恢复面部皮肤的循环，增加血液的氧的对皮肤细胞的流动。您可以选择番茄，黄瓜和白土填料

790 泰珠 / 60 分钟

+

+